

Community Parents, Inc.

Research Initiatives

**CDC Workplace Health Program** Division of Population Health, Center for Disease Control in collaboration with J&J UCLA Building Healthy Communities and Emory University Institute for Health and Productivity Studies, CDC National Center for Chronic Disease Prevention

Participation in the CDC Worksite Health Score Card to assess how employers implement evidence based health interventions in the workplace. A Staff Health Improvement Project in accordance with CFR 200.437(a) was implemented to measure the success of staff wellness at CPI. 2018-2019

**Impact of City Harvest Deliveries on Fruit Bowl Sites – City Harvest 2017**

Evaluation of introducing early childhood and after school programs to a regular supply of fresh fruits, vegetable and low fat dairy with nutrition education opportunities for families and staff.

**Early Childhood Sleep Education Program –Sweet Dreamzzz** –Developed by the University of Michigan, funded by the American Sleep Medicine Foundation and evaluated by Albert Einstein College of Medicine 2015

Educational initiative on best practices for parents and teachers on implementing healthy sleep habits and bedtime routines with young children. Lessons are integrated in an eight week curriculum aligned with High Scope Key Developmental Indicators and Creative Curriculum Objectives, supported by parent workshops, peer training and evaluation of parental behaviors that may have changed after the training was conducted. Presented at UCLA J&J Community Health Institute 2016

**Continuous Quality Improvement Project** – National Center for Children in Poverty, Columbia University 2014-2017

Professional development model designed to support continuous quality improvement in early care programs to build capacity and engage education supervisors with coaching strategies that will help teachers plan effective curricula. The evaluation of the model will assess changes in classroom quality and CLASS.

**Robin Hood Early Childhood Institute –Building Blocks Curriculum** Manpower Demonstration Research Corporation (MDRC) 2012-2015

Pilot participant for an evidence based curriculum that assist teachers to promote children's emergent math skills. Aligned with the National Council of Teachers of Mathematics (NCTM) standards, existing early childhood curricula, Common Core and Head Start Outcomes Framework. This is currently used as a professional development track for NYC Department of Education UPK programs.

**City University of NY Borough of Manhattan Community College-** Examining Intrinsic and Extrinsic Factors Impacting Men's Decisions to Teach Children. Funded by the Foundation for Child Development in collaboration with NYC Early Childhood Research- 2017-18

Examination of the factors that impact men's decision to teach young children and what supports will encourage men's increased participation in the field of education.

**P.E.A.R.L.S.** Parents Enhancing Academic Readiness through Lessons about Strengths- New York University 2010

Research that identifies parents' beliefs and values surrounding child rearing, what goals they have for their children and things that they do with them to promote academic and life success. The project's focus is on positive parenting in Black communities and how it influences positive outcomes for children.

**Parenting Programs for Preschoolers with ADHD-** NYU Child Study Center funded by National Institute of Mental Health

Compare efficacy of two parenting programs aimed to improve children's behaviors and parent intervention provided by clinical psychologists. Focus is facilitating parent-child interaction, constructive parenting, importance of play and games to develop skills and using teachable moment.

**Art in Reading-** Collaboration between NY Technical College Center for Intergenerational Reading and Studio in a School

Research project examining the bridge of art and literacy, in the pathway of practicing language and communication with psychomotor skills. A series of workshops covers the 5 reading genres paralleled with 5 different art mediums in an experiential setting. This model is currently used in parent trainings.

**Promising Practices Network** – RMC Research Corporation

Selected to participate in the Head Start Family Literacy Project to document best practices in family literacy and to develop linkages with programs that will serve as resources to support continuous improvement.

**New York Best Practices Special Project**

Selected as one of the Administration for Children's Services' 14 exemplary Head Start programs to showcase creative early childhood programs, comprehensive family support models, cultural competency strategies, program governance and collaboration with the public and private sector.